



# ROCKSTAR CERTIFICATION

You don't want to be just any instructor—you want to be a Rockstar, with participants who come back time after time. This comprehensive training includes practical and theoretical concepts based on the highest quality coaching practices, the latest exercise science information, and progression in the field of indoor cycling. Instructors will first review the scientific and foundational principles of the Spinning® program, then learn how to create amazing profiles. This will take instructors to the next step in joining an elite group of the most highly trained fitness professionals in the world and enable them to lead life-changing Spinning® rides for students, athletes and enthusiasts everywhere.

Your registration includes:

- Becoming a Rockstar Instructor Manual
- Digital Preparatory Study Guide
- Online Certification Assessment
- Certificate of Attendance and Certificate of Completion
- Live 9-hour hands-on training

## PRICE

\$355.00

## CREDITS/POINTS

14 SPIN® CECs

0.9 ACE CECs

0.8 NASM CEUs

8.0 AFAA CEUs

Sunday, June 30, 2019

8:00AM - 5:00PM

First In Fitness  
652 Granger Rd. Barre, VT 05641

PRESENTER: Spinning® Master Instructor: Angie Scott

For directions to this workshop location, please contact us: 802-223-6161

## TO REGISTER

### VISIT

[www.spinning.com](http://www.spinning.com)

### OR CALL

800.847.SPIN (7746)

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