

Aquatics Schedule

effective 9/3/19

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LAP SWIM 5:00-8:45 am	LAP SWIM 5:00-8:30 am	LAP SWIM 5:00-8:45 am	LAP SWIM 5:00-8:45 am	LAP SWIM 5:00-8:45 am	Lap Swim 7-9am	Lap Swim 8:00-9:15 am
Aqua Aerobics Peggy 9-10 am	Aqua Movement Student Led Class 8:30-9:30am	Aqua Aerobics Peggy 9-10 am	Easy Does It! Shari 9-10 am	Aqua Aerobics Peggy 9-10 am	Aqua Movement for the Body Dawn 9-10am	Group Swim Lessons 9:30-2:30pm
Member Open Swim 10-12 pm					Member Open Swim 10-12:30 pm	
Lap Swim 12 - 1pm					Lap Swim 12:45 - 2 pm	
School Groups 1:00-2:00pm	Public/Member Open Swim Pay at Front Desk 1:00-3:30 pm	School Groups 1:00-2:00pm	Public/Member Open Swim Pay at Front Desk 1:00-3:30 pm	School Groups 1:00-2:00pm	Public/Member Open Swim Pay at front Desk 2-4pm	Public/Member Open Swim Pay at Front Desk 2:45-4:00pm
Member Open Swim 2:00-3:30 pm		Member Open Swim 2:00-3:30 pm		Member Open Swim 2:00-3:30 pm		
Lap Swim 3:45-5pm					Member Open Swim 2-5:30 pm	
Public/Member Open Swim 5-7:30 pm	In the Deep Shari 5:00-6:00pm	Public/Member Open Swim 5-7:30 pm	Aqua Aerobics Sue V. 5-6pm	Member Open Swim 5-6 pm	Member Open Swim 2-5:30 pm	Lap Swim 4-4:45pm
	Member Open Swim 6-8 pm		Member Open Swim 6-8 pm	Public/Member Open Swim Pay at Front Desk 6-7:45pm		
Lap Swim 7:30-8:45 pm	Lap Swim 8-8:45pm	Lap Swim 7:30-8:45 pm	Lap Swim 8-8:45pm	3 Lap Lanes will be available with the exception of the aqua classes when a single lap lane will be open.		PLEASE NO CHILDREN OR LOUD VOICES DURING AQUA AEROBICS

The Hot Tub will be cleaned at 4pm on Saturdays and 8pm Wednesdays.
 Unscheduled closures for cleaning may occur.
 Please shower before entering pool and/or hot tub.

NO SHOES IN THE POOL AREA

Instructors may reserve a lane for training.