

# Aquatics Schedule

effective 7/8/18

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
LAP SWIM 5:00-8:45 am	LAP SWIM 5:00-8:30 am	LAP SWIM 5:00-8:45 am	LAP SWIM 5:00-8:45 am	LAP SWIM 5:00-8:45 am	Lap Swim 7-9am	Lap Swim 8:00- 10:00 am
Aqua Aerobics Peggy 9-10 am	Aqua Aerobics Annie 8:30-9:30am	Aqua Aerobics Peggy 9-10 am	Easy Does It! Shari 9-10 am	Aqua Aerobics Peggy 9-10 am	Aqua Movement for the Body Dawn 9-10am	
Member Open Swim 10-11 am	Member Open Swim 10-11 am	Member Open Swim 10-11 am	Member Open Swim 10-11 am	Member Open Swim 10-11 am	Member Open Swim 10-12 pm	Member Open Swim 10:00-12:00pm
Lap Swim / CPT 11 - 1pm	Lap Swim / CPT 11 - 1pm	Lap Swim / CPT 11 - 1pm	Lap Swim / CPT 11 - 1pm	Lap Swim / CPT 11 - 1pm	Lap Swim 12 - 1 pm	
Member Open Swim 1-2:15 pm	Member Open Swim 1-2:15 pm	Member Open Swim 1-2:15 pm	Member Open Swim 1-2:15 pm	Member Open Swim 1-2:15 pm	Public/Member Open Swim Pay at front Desk 1-3:30pm	Public/Member Open Swim Pay at Front Desk 12:00-3:00pm
Summer Camp Pool Closed 2:30-3:30 pm	Summer Camp Pool Closed 2:30-3:30 pm	Summer Camp Pool Closed 2:30-3:30 pm	Summer Camp Pool Closed 2:30-3:30 pm	Summer Camp Pool Closed 2:30-3:30 pm		
Lap Swim 3:45-5pm					Lap Swim 3:30-4:45pm	Lap Swim 3:00-3:45pm pm
Member Open Swim 5-7pm	In the Deep Shari 5-6pm	Member Open Swim 5-7pm	Aqua Aerobics Sue V. 5-6pm	Public/Member Open Swim Pay at Front Desk 5-7:45pm		
	Member Open Swim 6-8 pm		Member Open Swim 6-8 pm			
Lap Swim 7-8:45 pm	Lap Swim 8-8:45pm	Lap Swim 7-8:45 pm	Lap Swim 8-8:45pm	2 Lap Lanes will be available with the <u>exception</u> of the aqua classes when a single lap lane will be open.		PLEASE NO CHILDREN OR LOUD VOICES DURING AQUA AEROBICS

The Hot Tub will be cleaned at 4pm on Saturdays and 8pm Wednesdays.  
 Unscheduled closures for cleaning may occur.  
 Please shower before entering pool and/or hot tub.

NO SHOES IN THE POOL AREA

Instructors may reserve a lane for training.